

CLOSE CONTACT NOTIFICATION

READ THIS INFORMATION CLOSELY!

Dear BRES Families,

9.15.21

This letter is to inform you that we identified your child, **in GRADE 7**, as a CLOSE CONTACT to a single Coronavirus Disease 2019 (COVID-19) positive case.

Because your child was exposed in a classroom setting where masks were worn AND they are vaccinated for COVID 19, **they do not have to quarantine.**

However, the Maine CDC does RECOMMEND all close contacts to test 3-5 from the last exposure.

- Although we learned about this today, we have determined that the last known contact date was **Wednesday September 15th (the range of contact dates were September 13th- 15th)**

What do I do RIGHT NOW?

- **Your child may continue to come to school and engage in all community activities as long as they are still NOT having ANY symptoms and have NOT tested positive.**
- The CDC recommends getting tested, even if your child is vaccinated.
- You can arrange for testing by contacting your child's doctor/medical provider. Be sure to let them know your child IS a CLOSE CONTACT (but vaccinated).
- If your student tests positive, please contact our school nurse immediately.

The school is not at liberty to divulge specific information about the person who tested positive. We will continue to ensure that all safety measures have been followed. All BRES school families and staff will be notified of the situation and all proper CDC guidelines regarding the cleaning of the building and necessary quarantining of close contacts will be in place.

Preventing the spread of COVID-19

The virus mainly spreads when an infected person coughs or sneezes and an uninfected person breathes in the virus. The CDC recommends that all people take steps to prevent getting and spreading COVID-19. Wash hands regularly, stay at least 6 feet away from others whenever possible, and wear masks.

Signs and symptoms include:

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|---------------------------|------------------------|---|------------------------------|
| • fever (100.4) or chills | • cough | • shortness of breath or difficulty breathing | |
| • fatigue | • muscle or body aches | • headache | • new loss of taste or smell |

- sore throat
- congestion or runny nose
- nausea or vomiting
- * diarrhea

Please keep in mind that many things can cause illness, so students should be up-to-date on influenza and routine vaccinations.

Contact details for more information:

- General COVID-19 questions, dial 211 (or 1-866-811-5695). You can also text your ZIP code to 898-211 or email info@211maine.org.
- For questions about your symptoms, call a healthcare provider. More information can be found at www.maine.gov/dhhs/coronavirus or www.cdc.gov/coronavirus.
- A link to testing sites can be found here:
<https://www.maine.gov/covid19/restartingmaine/keepmainehealthy/testing>

Thank you for your continued support as we navigate these challenging times together and work to keep everyone safe.

Sincerely,
Shawna M. Kurr, Principal
Kate Schwem, School Nurse