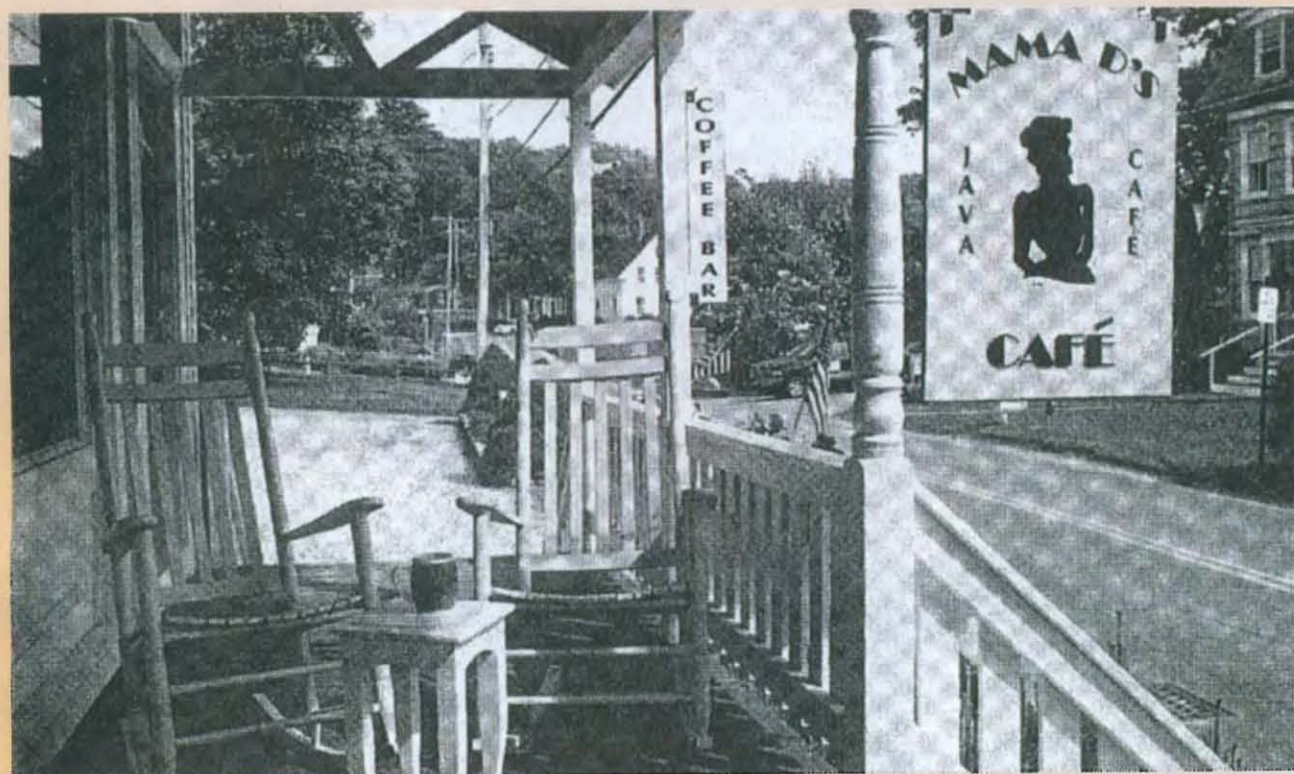




# *Mama D's Cafe*

*Open Year Round*





*\*Please\*  
Cash or Check  
Only*

# BREAKFAST



**Served from 7 AM ~ 11:00 AM ONLY**

## ★ BREAKFAST SANDWICHES ★

★ **Mama D's Special.....\$4.65**

*Hot & Spicy:* Egg, Pepper Jack, Sausage,  
Tomato with jalapeno's  
on an English Muffin

### Build Your Own

English Muffin, Egg, Cheese.. \$2.70

Choice of Bacon, Canadian Bacon,

Sausage, or Ham.....add \$1.50

On a Bagel...add \$.79

On a Crossant...add \$.95

### Cheese Choices

American, Cheddar, Feta, Mexican 4 Cheese,  
Pepper Jack, Provolone or Swiss

★ **Teacher's Pet.....\$5.30**

*Smooth & Crunchy:* Toasted Potato Bread,  
Peanut Butter, Sliced Apples,  
Bacon & Honey

## ★ OMELETTES ★

Two egg omelette served with choice of toast  
or english muffin. \*All made with fresh ingredients\*  
Extra egg.....add \$1.29 Egg Whites.....add \$1.00

**Meat Lovers.....\$8.15**

*Bacon, Ham, Sausage, Onion & Cheddar*

★ **Mama D's .....\$6.99**

*Sausage, Pepper Jack, Jalapeno, Tomato*

★ **Spanish .....\$6.99**

*Sausage, Salsa, Mex. Cheese, Jalapenos, Sour Cr.*

★ **Veggie .....\$6.99**

*Fresh Mushrooms, Sweet Peppers, Tomato, Onion*

**Western .....\$6.39**

*Ham, Sweet Peppers, Onion & Swiss*

**Southern.....\$6.39**

*Ham, Tomato, Mushroom and Cheddar*

**Northern.....\$6.39**

*Bacon, Onion, Tomato & American*

**Eastern .....\$5.79**

*Sweet Peppers, Onion & Swiss*

**Cheese ....(Choice).....\$5.49**

## ★ BELGIAN WAFFLES ★

*The Best Around!*

Plain.....\$3.79

Blueberry or Raspberry.....\$5.39

### ★ Loaded Waffle ★

Plain Waffle Topped with Choice of Fresh Fruit  
(Apples, Banana or Strawberries)

Nuts & Whipped Cream \$6.79

Extra Toppings.....add \$.99

Real Maple Syrup.....add \$2.00

## ★ FRESH FRUIT BOWL ★

★ Apples, Bananas, Oranges,  
Strawberries and Craisins...\$6.50

*A great refreshing start or finish!*

★ Bowl of Granola.....\$2.95

Bowl of Oatmeal.....\$3.55

Yogurt.....\$1.25

Side of Fruit.....\$3.50 Side of Nuts.....\$1.25

Side of Granola.....\$.95

## ★ EXTRAS ★

★ Mom's Blueberry Cake.....\$4.25

★ Scones.....\$1.95 Muffins.....\$1.80

English Muffin or Toast.....\$1.35

Biscuit....\$.89 Ciabatta.....\$2.15 Bagel.....\$1.65

Croissant.....\$2.15

Peanut Butter or Cream Cheese....\$.95

Boursin add.....\$1.49

## ★ A LA CARTE ★

One Egg, Fried or Scrambled.....\$1.39  
with Cheese add.....\$.89

Side of Bacon, Sausage, Ham,  
or Canadian Bacon.....\$1.89

Breads: Multi, Potato, White, Rye.....\$1.35

*\*Also available: Gluten Free\**

**Prepared in a NON-Gluten Free Kitchen**

Bread.....\$1.80 English muffin...\$2.29 Bagels.....\$2.45

**Sharing a meal with a friend....please add \$1.50**

★ *We are not responsible for health issues related to  
ordering eggs prepared sunny side up or over easy.*

***These items served at Breakfast ONLY!***



★  
**MUST-TRY  
ITEM!**



Please  
Cash & Check  
Only

# LUNCH

Served 11:30 AM ~ Closing



## House Salad .....\$5.49

Mixed Greens, Tomato, Carrot,  
Onion, Sweet Peppers,  
Cukes, Celery

with Chicken or Tuna salad add.....\$4.25

## ★ Mama D's Salad.....\$9.69

Large mixed greens topped with ham,  
turkey, swiss, provolone, tomatoe,  
onion,carrots, cucumber,pickles  
black olives and jalapeno

NEW

## Eventide Salad.....\$9.49

Mixed greens, apricot, onion, pecans  
topped with boursin cheese  
ground pepper & drizzled  
with fig balsamic

## Dressings: House (Vidalia Onion)

Ranch, Lite Ranch, Ceasar  
Bleu Cheese, Balsamic or  
Sugar Free Raspberry

## ★ Featuring Eventide's ★

Olive Oils  
&  
Balsamic Vinegar

## SOUP OR CHOWDER

Cup \$3.50      Cup \$3.89

Bowl \$4.19      Bowl \$4.95

With a Biscut add.....\$ .89

With a Muffin add.....\$1.25

## ★ Crustless Veggie Pie.....\$8.29

(Gluten Free)

Spinach, Mushrooms, Onion,  
Sweet Pepper, Zucchini, Ricotta  
& Mozzarella Cheeses

served with Side of Homemade  
Cranberry Chutney - Delish!

or

small house salad Add.....\$1.99

## COMBOS

Bowl of Soup &

1/2 Build Your Own Sandwich.....\$7.89

Bowl of Soup & House Salad.....\$7.69

1/2 Sandwich & Cup of Soup.....\$6.75

1/2 Sandwich & House Salad...\$6.75

House Salad & Cup of Soup...\$6.75

(Sub Chowder or Soup add..Bowl \$1.00 Cup \$.55)

## ★ Quiche of the Day

Served with small House Salad  
Choice of Dressing.....\$8.05

## ★ BUILD YOUR OWN SANDWICH ★

\$6.39

Served with Carrot, Celery, Pickle & Chips

Choice of Meat & Cheese with Lettuce,

Tomato, Onion, Sweet Peppers

Choice of Bread, Plain or Toasted

With Choice of Condiments

★  
MUST-TRY  
ITEM!

## MEATS

Chicken & Tuna Salad,  
Corned Beef,  
Ham, Pastrami, Roast Beef  
or Turkey

## CHEESES

American, Blue Cheese,  
Cheddar, Feta, Mozzarella,  
Pepper Jack, Provolone  
or Swiss

## BREADS

Multi Grain, Potato,  
Rye or White

## SPECIALTY BREADS

Ciabatta, Croissant,  
Wraps add.....\$.79

## CONDIMENTS

Mayo, Horseradish mayo,  
1,000 Island, Mustard yellow,  
Yellow honey, Dijon Mustard or Vidalia

## SPECIALTY CONDIMENTS

Boursin, Cran-Mayo,  
Blue Cheese Spread & Pesto  
add.....\$.80

EXTRA TOPPINGS: Cucumbers, Jalapeno, Pickles, Olives, Roasted Red Peppers & sun dried tomatoes add.....\$.69



**We've gone  
Green**



# LUNCH

**Served 11:30 AM ~ Closing**

**Please  
Cash or Check**



## **Turkey Club Wrap**

Turkey, Bacon, American  
Cheese, Lettuce,  
Tomato & Mayo.....\$7.75

## **Chicken salad or Tuna salad Wrap**

Lettuce, Tomato & Onion  
Choice of Cheese  
& Condiment....\$7.75

## **New Wrap**

Roast Beef, Horseradish  
Mayo, onion, Red Pepper,  
Mushroom & Cheddar  
Grilled.....\$7.75

## ★ PANINI ★

**3-Cheese:** Cheddar, Provolone, Swiss,  
Bacon & Tomato With House Dressing

**Roast Beef:** Onion, Roasted Red Peppers,  
With Boursin & House Dressing,

**Tuna:** Pepper Jack, Onion & Tomato  
With House Dressing

**Turkey:** Cheddar, Lettuce, Tomato  
with House Dressing

**Club:** Bacon, Ham, Turkey, Tomato, Onion,  
American Cheese with House Dressing

**Veggie:** Tomato, Onion, Sweet Peppers,  
Mushrooms, Mozzarella & Pesto

Made on Focaccia Bread, Served with  
Celery, Carrot, pickles  
and Chips.....\$8.25

BLT.....\$5.55

With Cheese.....\$5.99

P.B. & J.....\$4.25

Grilled Cheese....\$4.49

## ✱ SPECIALTY SANDWICH ✱

### ★ Reuben

Corned Beef, Sauerkraut,  
1,000 Island & Swiss  
pilled high on  
Rye.....\$7.99

### Pastrami

Provolone, Onion,  
Mustard on Rye....\$7.59  
Hot or Grilled

***Please help out our small & fast paced kitchen by  
limiting your substitutions ~ Thank You***

*Sharing a Meal.....Please add \$2.00*

★  
**MUST-TRY  
ITEM!**

*Try Donna's Homemade Cookies*

**Open Year Round**

**Monday ~ Saturday**

**Breakfast : 7 AM ~ 11:00 AM**

**Lunch : 11:30 AM ~ 2 PM (July ~ Labor Day 'til 3 PM)**

**Sunday Breakfast ONLY**

**7 AM ~ 12 PM**

**(July ~ Labor Day 1 PM)**

***As a courtesy to others please, No Cell Phones in Cafe.  
So Everyone can enjoy the Moment!***

***Thank you, Mama D & Staff***